

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>*Each consumer may bring one (1) guest during the Muffins For Moms event. Flyers will be sent out to indicate which time slot each consumer will attend.</b></p>			1	2 Fitness Power Hour 1:00 PM	3 <i>Toad Suck Daze Downtown Conway</i>	4 <i>Toad Suck Daze Downtown Conway</i>
5 <i>Cinco De Mayo</i>  <i>Toad Suck Daze Downtown Conway</i>	6	7	8	9  <u>Profiles All Staff Meeting</u> 3:00 PM	10 <b>Muffins With Mom*</b>  9:15AM-9:45AM - Profiles Productions & Sensory/Values  10:00AM-10:30AM – Groups 1- 8 & Journeys	11
12  <i>Mother's Day</i>	13  <u>Teacher's Meeting</u> 1:00 PM	14	15  Health Topic 10:30 AM	16 Fitness Power Hour 1:00 PM	17	18
19	20  <u>Teacher's Meeting</u> 1:00 PM	21	22	23 Fitness Power Hour 1:00 PM	24 <b>Memorial Day Grillout @ Lunch</b>	25
26	27 <b>PROFILES CLOSED</b> Memorial Day	28	29  PM Break Birthday Treats	30 Fitness Power Hour 1:00 PM	31	

This Menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. This menu is subject to change  
 This institution is a equal opportunity provider

## Profiles Menu - May 2019

<p><b>GOOD NUTRITION IS AN ESSENTIAL PART OF A HEALTHY LIFESTYLE</b></p>		<p><b>Wednesday 1<sup>st</sup></b>                  Ham &amp; Cheese Sandwich                  Seasonal Vegetables                  Goldfish Crackers                  Sliced Oranges                  Milk</p>	<p><b>Thursday 2<sup>nd</sup></b>                  Salisbury Steak                  Mashed Potatoes                  Lima Beans                  Wheat Sliced Bread                  Milk</p>	<p><b>Friday 3<sup>rd</sup></b>                  Chicken Soft Taco                  Diced Tomato, Shredded Lettuce                  Refried Beans                  Apple and Eve Juice                    Milk</p>
<p><b>Monday 6<sup>th</sup></b>                  Cheesy Tuna Casserole                  Texas Toast                  Fruit Fluff                  Milk</p>	<p><b>Tuesday 7<sup>th</sup></b>                  Honey Glazed Ham                  Rice Pilaf                  Wheat Roll                  Pineapple Tidbits                  Milk</p>	<p><b>Wednesday 8<sup>th</sup></b>                  Breaded Chicken Patty                  On Whole Wheat Bun                  Potato Wedges                  W.W Chocolate Chip cookie                  Mandarin Oranges                  Milk</p>	<p><b>Thursday 9<sup>th</sup></b>                  Pizza                  Garden Salad                  Apples                  Milk</p>	<p><b>Friday 10<sup>th</sup></b>                  Tuna Salad Sandwich                  String Cheese                  Garden Salad                  Bag of Sun Chips                  Peach Cobbler                  Milk</p>
<p><b>Monday 13<sup>th</sup></b>                  Chef Salad with                  W.W Crackers                  Mixed Berries                  Vanilla Pudding                  Milk</p>	<p><b>Tuesday 14<sup>th</sup></b>                  Burrito                  Pinto Beans                  Yellow Cake                  Rosy Pears                  Milk</p>	<p><b>Wednesday 15<sup>th</sup></b>                  Egg and Bacon Casserole                  Hashbrowns                  Bagel-ful or French Toast                  Apple and Eve Juice                  Milk</p>	<p><b>Thursday 16<sup>th</sup></b>                  Beef and Pasta Casserole                  Garden Salad                  Whole Wheat Roll                  Pineapple Tidbits                  Milk</p>	<p><b>Friday 17<sup>th</sup></b>                  Frito Chili Pie                  Cream of Corn                  Bananna                  Milk</p>
<p><b>Monday 20<sup>th</sup></b>                  Cornflake Baked Chicken                  Seasoned Vegetables                  W.W. Pasta Salad                  Fruit                  Milk</p>	<p><b>Tuesday 21<sup>th</sup></b>                  Beef Roast                  Green Beans                  Strawberry Vanilla Pudding                  Wheat Roll                  Milk</p>	<p><b>Wednesday 22<sup>nd</sup></b>                  BBQ Chicken on Whole Wheat                  Bun                  Cole Slaw                  Tater Tots                  Milk</p>	<p><b>Thursday 23<sup>rd</sup></b>  <b>Kitchen Surprise</b>                  Milk</p>	<p><b>Friday 24<sup>th</sup></b>  <b>Annual                  Memorial Day Cookout</b>                  Hot dog, Hamburger                  Baked Beans                  Apple, Chips, Milk                  Desserts</p>
<p><b>Monday 27<sup>th</sup></b>                  Profiles closed  </p>	<p><b>Tuesday 28<sup>th</sup></b>                  Chicken Spaghetti                  Peas and Carrots                  Roll                  Fruit                  Milk</p>	<p><b>Wednesday 29<sup>th</sup></b>                  Meatball Sub Sandwich                  Green Beans                  Fruit                  Milk</p>	<p><b>Thursday 30<sup>th</sup></b>                  Baked Fish                  Rice Pilaf                  Sliced Zucchini                  Fruit                  Milk</p>	<p><b>Friday 31<sup>st</sup></b>                  Pizza                  Garden Salad                  Apples                  Milk</p>