

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Robert R. Brown Camp Mitchell Session II Ends	2	3 <i>Arkansas Sales Tax Holiday Day 1</i>
4 <i>Arkansas Sales Tax Holiday Day 2</i>	5 Christmas Play Info Meeting 1:00 PM	6 Christmas Play Info Meeting 1:00 PM	7	8 Fitness Power Hour 1:00 PM	9	10
11	12 <u>Teacher's Meeting</u> 1:00 PM	13	14 Sonshine Optimist Club 1:00 PM	15 Fitness Power Hour 1:00 PM	16	17
18	19	20	21 Nursing Topic 10:30 AM	22 Fitness Power Hour 1:00 PM	23	24
25	26	27	28 Sonshine Optimist Club 1:00 PM	29 Fitness Power Hour 1:00 PM	30 College Football Kickoff Pep Rally 1:00 PM	31

August 2019 Menu

This Menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. This menu is subject to change
This institution is a equal opportunity provider

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday 1</u> PIZZA CORN FRUIT MILK	<u>Friday 2</u> HOTDOGS POTATO SALAD FRUIT MILK
<u>Monday 5</u> CHICKEN TENDERS GREENBEANS WHOLE WHEAT COOKIE FRUIT MILK	<u>Tuesday 6</u> PULLED BBQ PORK ON WHOLE WHEAT BUN BAKED BEANS FRUIT MILK	<u>Wednesday 7</u> DICED HAM GREAT NORTHERN BEANS CORNBREAD FRUIT MILK	<u>Thursday 8</u> SPAGHETTI WITH MEATBALLS SEASONED VEGETABLES WHEAT ROLL FRUIT MILK	<u>Friday 9</u> TURKEY AND CHEESE SANDWICHES SWEET POTATO FRIES FRUIT MILK
<u>Monday 12</u> CHICKEN NUGGETS GREENBEANS CHERRY COBBLER GOLDFISH MILK	<u>Tuesday 13</u> BEEF STRONGNOFF MIXED VEGETABLES WHEAT ROLL FRUIT MILK	<u>Wednesday 14</u> TUNA SALAD WITH CRACKERS GARDEN SALAD FRUIT MILK	<u>Thursday 15</u> CHICKEN CHEESE NACHO BLACK BEAN&CORN SALAD FRUIT MILK	<u>Friday 16</u> HAMBURGER ON BUN LETTUCE,TOMATO BAKED FRIES FRUIT MILK
<u>Monday 19</u> CHILI BURRITO BAKED BEANS FRUIT MILK	<u>Tuesday 20</u> CHICKEN JAMBALAYA RICE GREEN BEANS FRUIT MILK	<u>Wednesday 21</u> TACO SALAD LETTUCE, TOMATO CHEESE FRUIT MILK	<u>Thursday 22</u> BREAKFAST CASSEROLE WITH HAM HASHBROWNS BISCUIT APPLE&EVE JUICE MILK	<u>Friday 23</u> SLOPPY JOE ON BUN GREEN BEANS FRUIT MILK
<u>Monday 26</u> CHICKEN PATTY ON BUN POTATO WEDGES FRUIT MILK	<u>Tuesday 27</u> ROAST WITH GRAVY BROCCOLI WHEAT ROLL FRUIT MILK	<u>Wednesday 28</u> SLICED HAM WHEAT ROLL GREEN BEANS MASHED POTATOES MILK	<u>Thursday 29</u> CHICKEN AND NOODLES MIXED VEGTABLES FRUIT MILK	<u>Friday 30</u> HOTDOGS COLESLAW FRUIT MILK