

# Independent Living Services

**Volunteering**  
P.O. Box 1070  
Conway, Arkansas 72033  
phone: 501-329-8249  
fax: 501-548-6432

## MENTORING/RELATIONSHIP BUILDING

### Description

Volunteer mentors will be paired with consumers with whom they share interests, values, and/or hobbies. There is no expectation that a mentor will take on the role of parent, social worker, or professional counselor; rather, that a mentors role will be one to improve the efficacy of human relationships in their mentees life.

### Roles of a volunteer mentor

- Coach
- Guide
- Advocate
- Role Model
- Friend

### Time Commitment

Time commitments vary from volunteer-to-volunteer; however, a one hour minimum is recommended for visits and outings.

### Location

Facilities owned and/or operated by Independent Living Services.

### Requirements & Experience

All volunteers must be 18 years of age or older to participate

### Our Mission

Independent Living Services is a nonprofit agency whose purpose is to assist in making a better life possible for people with developmental and intellectual disabilities in central Arkansas. Independent Living Services recognizes each person as different and provides an array of services to best meet individual needs and maximize choice.

For more information on volunteer opportunities please visit [www.indliving.org](http://www.indliving.org).

